






Main Floor October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Helping Hands 10:00 Active Games 11:00 Creative Kinnections 2:00 Spa
2 9:00 Helping Hands 10:00 Weekend Workout 11:00 Spirit Lifter Sundays 2:00 Bingo	3 ROSH HASHANAH 9:00 Helping Hands 10:00 Fitness 11:00 Communion Service 2:00 JAVA Music Club 	4 9:00 Helping Hands 10:00 Fitness 11:00 Singalong with David 12:00 Thanksgiving Lunch Club 2:00 Documentary: The Making of <i>Frozen Planet</i> 6:30 Bingo	5 9:00 Helping Hands 10:00 Fitness 10:00 Swiss Chalet 11:00 Montessori on Main 2:00 Scenic Drive 3:45 VPL Library Visit	6 9:00 Helping Hands 10:00 Fitness 11:00 Catholic Mass 11:00 Chair Yoga 2:30 Reading Group 6:00 Tuck-shop 6:15 Movie: <i>Matilda</i>	7 9:00 Helping Hands 10:00 Fitness 10:30 Kids and Song 2:00 Oktoberfest Birthday Celebration	8 9:00 Helping Hands 10:00 Active Games 11:00 Creative Kinnections 2:00 Spa
9 9:00 Helping Hands 10:00 Weekend Workout 11:00 Spirit Lifter Sundays 2:00 Bingo	10 HAPPY THANKSGIVING 9:00 Helping Hands 10:00 Fitness 11:00 Communion Service 2:00 Spa on Main 	11 9:00 Helping Hands 10:00 Fitness 11:00 Sing-along with David 2:00 Documentary: <i>In the Shadow of the Moon</i> 6:30 Bingo	12 YOM KIPPUR 9:00 Helping Hands 10:00 Fitness 10:00 Country Meadows Club 11:00 Montessori on Main 2:00 Cooking Corner 	13 9:00 Helping Hands 10:00 Fitness 11:00 Catholic Mass 11:00 Chair Yoga 2:00 Bowling 6:00 Tuck-shop 6:15 Movie: <i>Working Girls</i>	14 9:00 Helping Hands 10:00 Fitness 10:30 Country Kitchen 2:00 In the Wind Pub	15 9:00 Helping Hands 10:00 Active Games 11:00 Creative Kinnections 2:00 Spa
16 9:00 Helping Hands 10:00 Weekend Workout 11:00 Spirit Lifter Sundays 2:00 Bingo	17 9:00 Helping Hands 10:00 Fitness 11:00 Communion Service 2:00 JAVA Music Club <i>(by invite only)</i>	18 9:00 Helping Hands 10:00 Fitness 11:00 Sing-along with Lorri 2:00 Documentary: <i>Sagrada</i> 6:30 Bingo	19 9:00 Helping Hands 10:00 Fitness 10:00 Dim Sum 11:00 Montessori on Main 2:00 Trivia	20 9:00 Helping Hands 10:00 Fitness 11:00 Catholic Mass 11:00 Chair Yoga 2:00 Bowling 6:00 Tuck Shop 6:30 Youth Classical Concert	21 9:00 Helping Hands 10:00 Fitness 10:30 Shopping on Main 2:00 In the Wind Pub	22 9:00 Helping Hands 10:00 Active Games 11:00 Creative Kinnections 2:00 Spa
23/30 9:00 Helping Hands 10:00 Weekend Workout 11:00 Spirit Lifter Sundays 2:00 Bingo	24/31 9:00 Helping Hands 10:00 Fitness 11:00 Celebration of Life 2:00 Badminton 3:30 Mah Jong	25 9:00 Helping Hands 10:00 Fitness 11:00 Singalong with Lorri 2:00 Food Committee 6:30 Bingo	26 9:00 Helping Hands 10:00 Fitness 10:00 Salty's Fish and Chips 11:00 Montessori on Main 2:00 Decorating on Main	27 9:00 Helping Hands 10:00 Fitness 11:00 Catholic Mass 11:00 Chair Yoga 2:00 Bowling 6:00 Tuck Shop 6:15 Movie: <i>Out to Sea</i>	28 9:00 Helping Hands 10:00 Fitness 10:30 Reading Group 2:00 In the Wind Pub	29 9:00 Helping Hands 10:00 Active Games 11:00 Creative Kinnections 2:00 Youth Classical Concert